

## **Problematic Parasites**

### ***The Signs of Parasites***

These days, especially in North America, it seems as though everybody is sick with ailments that the doctors just cannot pinpoint. Ask yourself this: If you look at all the people you know, how many are suffering from some sort of illness or pain that they cannot find relief for? Probably just about everyone you know could fall into this category. Many doctors believe that these issues are the result of parasites in the body that live and feed off our bodies and drain our energy, resulting in a lowered ability to function in a normal and healthy manner.

There are several signs of parasites in the body and these include:

- Itchiness in the nose, ears and anus
- Sexual dysfunction in men
- Unclear thinking
- Forgetfulness
- Loss of appetite
- Eating more than usual, but not ever feeling full
- Numb hands
- Lethargy
- Pain in the shoulders, back and thighs
- Burning sensation in the stomach
- Menstrual cycle irregularity or problems
- Grinding teeth while sleeping
- Gas and bloating
- Bed wetting

This list actually goes on and on, because there are so many issues that most people do not even consider that these ailments are caused by something such as a parasite.

Many people do not even consider that parasites could be something that they are suffering from. In fact, for most Americans it is far from their minds. However, parasites are not present only in Third World countries, but they exist in every country in the world. Although there are many causes for the symptoms above, parasites in the body is perhaps the most significant and most overlooked cause.

Parasites live and feed off our bodies. They consume your health supplements and drain your body of nutrients. This essentially means that they also drain your body of energy. Ever wonder why people so young suffer from chronic fatigue? In most cases, it's because their bodies are fighting against the parasites and trying to utilize the nutrients body needs to function for energy, but the body is losing the battle. Why are so many people dying from cancer? Because, the body is losing the battle against parasites that are eating cells and causing their bodies to malfunction. How do you resolve this? You begin living a healthier lifestyle, you exercise, eat organic and healthy foods and you utilize a natural parasitic cleansing method.

For more information on how you can live parasite free, visit [Martha's Vineyard Holistic Retreat](#). You'll find [valuable information](#) as well as supplements that promote a healthy lifestyle and a parasite free life.